

<p><b>Sun 13 Nov</b></p>	<p><b>Beach Walk</b></p> <p>Beach walk in the northern suburbs - North of Burns Beach -will be mainly on beach sand plus a few rocks. Bring sandshoes or thongs and water. Coffee at half way mark and/or end.</p> <p><b>AOA Grade:</b> Easy/medium <b>Approx Distance:</b> 10.0 km</p> <p><b>Booking Deadline:</b> 2 days prior - Fri 11 Nov</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Geoff (H)94096175 or heasman1@optusnet.com.au</p>
<p><b>Sun 13 Nov</b></p>	<p><b>Jacaranda Cycle</b></p> <p>We will meet at Deep Water Point Cafe and proceed to Attadale where the Jacaranda's will hopefully be at their best. After cruising along the streets we'll ascend Wireless Hill and then proceed to Point Walter and a coffee stop. The last leg is back to Deep Water Cafe and optional lunch.</p> <p><b>AOA Grade:</b> Easy/medium <b>Approx Distance:</b> 20.0 km</p> <p><b>Booking Deadline:</b> 2 days prior - Fri 11 Nov</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Shirley (M)0488999094 or dorishir11@dodo.com.au SMS only please</p>
<p><b>Fri 18 Nov</b></p>	<p><b>Ghost Walk</b></p> <p>A 'ghost' walk put on by the City of Gosnells. Meet friendly ghosts on a moonlit walk from Victoria Dam to the Bickley Reservoir. Soup and bread provided by the scouts and parents. 'Ghosts' join us as their characters appear.</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 6.0 km</p> <p><b>Booking Deadline:</b> 7 days prior - Fri 11 Nov</p> <p><b>Cost:</b> \$16.00 (M) \$21.00 (NM)</p> <p><b>Contact:</b> Deanne Ketting</p>

<p><b>Sat 19 Nov</b></p>	<p><b>Swan River Night Paddle</b></p> <p>Meet at Chidley Point. Paddle from Chidley Point (north side of river) across to Blackwall Reach (south side of river) along Point Walter spit and return to Chidley Point. Bring tea/coffee, snacks and navigation lights.</p> <p><b>AOA Grade:</b> Easy/medium <b>Approx Distance:</b> 5.0 km</p> <p><b>Booking Deadline:</b> 2 days prior - Thu 17 Nov</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Gary (M)0439 331 114 or gary.williams@epa.wa.gov.au</p>
<p><b>Sun 20 Nov</b></p>	<p><b>Claremont Meanders - The Yargine Track</b></p> <p>Looking at the history of Claremont surrounds.</p> <p>Meet at the Old Swanbourne Hotel site corner Claremont Crescent and Franklin St Swanbourne</p> <p><b>AOA Grade:</b> Easy/medium <b>Approx Distance:</b> 5.0 km</p> <p><b>Booking Deadline:</b> 1 days prior - Sat 19 Nov</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Annie (H)08 9389 6239 or als1408@hotmail.com</p>
<p><b>Sun 20 Nov</b></p>	<p><b>Scarborough to Mullaloo Beach Cycle &amp; Optional Lunch</b></p> <p>A morning meet at 9.30am SHARP at the Plaka on the Beach Café in Scarborough (next to Peter's by the Sea Kebab Shop) for a beautiful cycle-path cycle at a moderate pace to Mullaloo Beach for coffees, then return cycle to Scarborough for optional coffee / beers / lunch.</p> <p>Please park 100 metres North of the Plaka Café, in front of Observation Rise Apartments.</p> <p>Bring water, hat.</p> <p>NOTE: Cycling Helmets and Bike Bells Compulsory! (will cancel only if weather is VERY bad).</p> <p><b>AOA Grade:</b> Easy/medium <b>Approx Distance:</b> 30.0 km</p> <p><b>Booking Deadline:</b> 1 days prior - Sat 19 Nov</p> <p><b>Cost:</b> Free (M) \$5.00 (NM) non members fee is to pay for our magazine</p> <p><b>Contact:</b> Tony (H)08 6468 2541 or afptony@iinet.net.au</p>

<p><b>Sun 27 Nov</b></p>	<p><b>River Paddle from Rossmoyne</b></p> <p>Depending on the weather, I will select the best site for a beautiful paddle away from boat traffic - probably starting at Rossmoyne and paddling to Shelley Bridge then returning to a shady tree and pull out your thermos for morning tea.</p> <p><b>AOA Grade:</b> Medium <b>Approx Distance:</b> 10.0 km  <b>Booking Deadline:</b> 2 days prior - Fri 25 Nov  <b>Cost:</b> Free (M) \$5.00 (NM)  <b>Contact:</b> Rowena rowena_h_scott@yahoo.co.uk prefer email</p>
<p><b>Sun 27 Nov</b></p>	<p><b>Swan River cycle</b></p> <p>A QUALIFYING TRIP FOR MEMBERSHIP</p> <p>Commencing from Canning Bridge to follow the river towards the city along the Swan, NoR to Fremantle before returning SoR to Canning Bridge.</p> <p><b>AOA Grade:</b> Medium/hard <b>Approx Distance:</b> 60.0 km  <b>Booking Deadline:</b> 2 days prior - Fri 25 Nov  <b>Cost:</b> Free (M) \$5.00 (NM)  <b>Contact:</b> Ken (H)08 9310 3077 or kenneth.rosser@gmail.com</p>
<p><b>Sun 27 Nov</b></p>	<p><b>Ellis Brook Combo of Tracks</b></p> <p>A combination of smaller assorted tracks through the Ellis Brook Valley, Martin [Gosnells]</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 9.0 km  <b>Booking Deadline:</b> 1 days prior - Sat 26 Nov  <b>Cost:</b> Free (M) \$5.00 (NM)  <b>Contact:</b> Nick Evans. nevens7@hotmail.com</p>

<p><b>Sat 12 Nov</b></p>	<p><b>Moore River Meander</b></p> <p>A QUALIFYING TRIP FOR MEMBERSHIP</p> <p>A walk along the southern side of the Moore River and later along the beach. Low scratchy scrub for about 2/3 trip. Some walking on trails. Gentle undulations with good views at times.</p> <p><b>AOA Grade:</b> Easy/medium <b>Approx Distance:</b> 15.0 km</p> <p><b>Booking Deadline:</b> 1 days prior - Fri 11 Nov</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Joe (M)0400 303 175 or <a href="mailto:geppecoletti@yahoo.it">geppecoletti@yahoo.it</a></p>
<p><b>Sun 13 Nov</b></p>	<p><b>Claremont Meanders</b></p> <p>Trail of Memories is a guided walking tour of Claremont glimpsing the past.</p> <p>Departs from Claremont Railway Station Guger St Claremont and finish with a visit to a cafe on Bay View Terrace.</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 5.0 km</p> <p><b>Booking Deadline:</b> 1 days prior - Sat 12 Nov</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Annie (H)08 9389 6239 or <a href="mailto:als1408@hotmail.com">als1408@hotmail.com</a></p>

<p><b>Sun 4 Dec</b></p>	<p><b>Sea Kayak Rockingham to Penguin Island</b></p> <p>Level 1 Sea Kayak (need to be able to paddle nonstop for 2 hours at around 5km per hour - trip will take 4 - 5 hours). Leaving from Palm Beach Rockingham to paddle around Point Peron to Penguin Island and back. Lunch at Penguin Island and play with the sea lions. All Paddlers must demonstrate capsize and deep water rescue skills and have suitable sea kayaks with bulkheads, PFD, spray deck and be willing to receive instruction from a Level 3 Advanced Sea Kayak Instructor. Must be competent in capsize drill. Bring food, 2 litres water and dry clothes.</p> <p><b>AOA Grade:</b> Medium/hard <b>Approx Distance:</b> 15.0 km</p> <p><b>Booking Deadline:</b> 3 days prior - Thu 1 Dec</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Leslie Allen les@lesallenkayaks.com</p>
<p><b>Sun 4 Dec</b></p>	<p><b>Hillary's Marina to Mullaloo Beach BEACHSIDE Walk</b></p> <p>Sunday 4th December 2011:</p> <p>Hillary's Marina to Mullaloo Beach BEACHSIDE Walk:</p> <p>Meeting in the morning at SUBWAY, overlooking the water inside Hillarys' Marina, then for a beautiful BEACHSIDE walk to Mullaloo Beach for coffees &amp; optional swim, then return to Hillary's Marina for optional coffee / brunch / lunch.</p> <p>Bring: sandals or thongs to take off at the water's edge, optional bathers, water, hat</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 11.0 km</p> <p><b>Booking Deadline:</b> 1 days prior - Sat 3 Dec</p> <p><b>Cost:</b> Free (M) \$5.00 (NM) \$5.00 non-members fee is to pay for our magazine</p> <p><b>Contact:</b> Tony (H)08 6468 2541 or afptony@inet.net.au</p>

<b>Sun 11 Dec</b>	<p><b>Christmas Breakfast</b></p> <p>Come enjoy a wonderful buffet breakfast at Ascot Quay. We have our own function room with verandah over looking park and river.</p> <p>A great location with a water landing area and cycle path going by, arrive by foot, cycle, or kayak, or there is ample free car parking. Pre breakfast activities may be organised closer to the event.</p> <p>Cold foods available from 8.30, hot foods brought out at 9.</p> <p>Open to members and partners only.</p> <p><b>AOA Grade:</b> Various</p> <p><b>Booking Deadline:</b> 14 days prior - Sun 27 Nov</p> <p><b>Cost:</b> \$27.00 (M) \$34.00 (NM) Members are subsidised. Non-members pay full price</p> <p><b>Payment Deadline:</b> 7 days prior - Sun 4 Dec</p> <p><b>Contact:</b> Kerry kerry.travel@hotmail.com Emails preferred.</p>
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<b>Sun 11 Dec</b>	<b>Bibbulmun Track Maintenance</b> Have you ever walked the Bibb Track? so, give something back and join us on the first section, Kalamunda to Fern Road approx.7km. We will be checking if the waugals are missing and generally cleaning up with some light pruning. You will be rewarded with good views, good conversation and the knowledge that you have helped get the track ready for the next AOA adventure. <b>AOA Grade:</b> Medium <b>Approx Distance:</b> 7.0 km <b>Booking Deadline:</b> 3 days prior - Thu 8 Dec <b>Cost:</b> Free (M) Free (NM) <b>Contact:</b> Rick (H)08 9409 6703 or rpoole@iinet.net.au
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<p><b>Tue 13 Dec</b></p>	<p><b>December Club Meeting</b></p> <p>Tuesday 13th December</p> <p>We meet at 7.30pm for a prompt 7.45pm start at the Osborne Park Agricultural Society Hall, city side of Café Bellini, 209 Main St, Osborne Park. Free parking is available nearby.</p> <p>Come along and view some fabulous photos and hear from those who survived to tell the tale of kayaking in the Vava'u island group in Tonga in September 2010. Highlights include snorkelling on fabulous reefs; swimming with humpback whales; meeting beautiful Tongan people; telling five star travellers where to go; eating an Umu feast with (not of) Missionaries on 'Eau island; travelling on backs of trucks, leaky boats and light aircraft; riding dodgy bicycles and 'tripping' through wonderful rainforests, camping on beaches and staying in Tongan Fales, Backpackers and 'International' Resorts.</p> <p>The presentation will be followed by complimentary tea/coffee &amp; cake. Visitors are most welcome. This is a great way to find out about the club, meet members &amp; register for club events.</p> <p><b>AOA Grade:</b> Easy</p> <p><b>Booking Deadline:</b> 0 days prior - Tue 13 Dec</p> <p><b>Cost:</b> Free (M) Free (NM)</p> <p><b>Contact:</b> Jenny (H)08 9313 2622 or vince_jenny@aapt.net.au</p>
<p><b>Sun 18 Dec</b></p>	<p><b>River &amp; Park Evening Walk &amp; Restaurant</b></p> <p>A 1.5 hr walk along the river and through the parks of Mosman Park. Optional Kim Hoa Vietnamese restaurant after walk.</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 7.0 km</p> <p><b>Booking Deadline:</b> 2 days prior - Fri 16 Dec</p> <p><b>Cost:</b> Free (M) \$5.00 (NM) Restaurant \$20pp approx</p> <p><b>Contact:</b> Steve (H)9331 2066 or snap22@inet.net.au</p>

<p><b>Sun 18 Dec</b></p>	<p><b>Scarborough to Mullaloo Beach Cycle &amp; Optional Lunch</b></p> <p>A morning meet at 9.30am SHARP at the Plaka on the Beach Café in Scarborough (next to Peter's by the Sea Kebab Shop) for a beautiful cycle-path cycle at a moderate pace to Mullaloo Beach for coffees, then return cycle to Scarborough for optional coffee / beers / lunch.</p> <p>Please park 100 metres North of the Plaka Café, in front of Observation Rise Apartments. Bring water, hat.</p> <p>NOTE: Cycling Helmets and Bike Bells Compulsory! (will cancel only if weather is VERY bad).</p> <p><b>AOA Grade:</b> Easy/medium <b>Approx Distance:</b> 30.0 km</p> <p><b>Booking Deadline:</b> 1 days prior - Sat 17 Dec</p> <p><b>Cost:</b> Free (M) \$5.00 (NM) non members fee is to pay for our magazine</p> <p><b>Contact:</b> Tony (H)08 6468 2541 or afptony@iinet.net.au</p>
<p><b>Thu 22 Dec</b></p>	<p><b>Hillary\'s Marina to North Beach FOOTPATH Walk &amp; Lunch</b></p> <p>Hillary's Marina to North Beach FOOTPATH Walk &amp; Optional Lunch:</p> <p>Meeting at 9.30am SHARP outside SUBWAY (overlooking the water) inside Hilarys' Marina, then for a beautiful FOOTPATH walk to North Beach for coffees then return walk to Hillary's Marina for optional lunch / drinks &amp; optional swim. Total distance approx. 12km return.</p> <p>Please bring water, walking shoes, optional bathers.</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 12.0 km</p> <p><b>Booking Deadline:</b> 1 days prior - Wed 21 Dec</p> <p><b>Cost:</b> Free (M) \$5.00 (NM) The non-members fee is to pay for our magazine</p> <p><b>Contact:</b> Tony (H)08 6468 2541 or afptony@iinet.net.au</p>
<p><b>Sun 25 Dec</b></p>	<p><b>Natalie\'s Christmas Day Cycle &amp; Picnic</b></p> <p>Would you like to spend an enjoyable Xmas Day with fellow AOA members? Then come and enjoy a morning ride along the river followed by a picnic lunch under the cool shady trees by the river. Lunch will be shared so BYO contribution and all you own picnic gear. Cycling is optional. Contact Nat 9349 0805 after 7.30pm please or email until 23 December only</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 15.0 km</p> <p><b>Booking Deadline:</b> 2 days prior - Fri 23 Dec</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Natalie ngpenny@live.com</p>

<p><b>Mon 26 Dec - Sun 1 Jan</b></p>	<p><b>New Years Camp - Fonty\'s Pool</b></p> <p>We are returning to Fonty\'s Pool and Caravan Park for the AOA end of year camp and dinner. This excellent campsite is situated 7km from Manjimup and has pleasant grassy areas with plenty of mature trees providing shade for the powered caravan and campsites. A big attraction is the large swimming pool naturally fed by fresh spring water which is great for cooling off on a hot day. As well as the camping areas there are chalets available. There is also a new well-equipped camp kitchen.</p> <p>area is excellent for hiking, kayaking and mountain bike riding and nearby are several good wineries and a truffle farm for the gourmets.</p> <p>New Year\'s Eve we shall be dining at the Manjimup Hotel followed by dancing with music provided by a top DJ. This will be a chance to dress up and see the New Year in with panache and style. A bus will transport us from the camp to the hotel and bring survivors back in the New Year.</p> <p>The first camp at Fonty\'s Pool was a roaring success and this promises to be even more memorable.</p> <p><b>AOA Grade:</b> Various  <b>Booking Deadline:</b> 30 days prior - Sat 26 Nov  <b>Cost:</b> \$10.00 (M) \$20.00 (NM) TBA  <b>Payment Deadline:</b> 30 days prior - Sat 26 Nov  <b>Contact:</b> Andy (H)08 9368 1849 or andylong@iinet.net.au For any queries eMail is preferred</p>
<p><b>Sat 31 Dec - Sun 1 Jan</b></p>	<p><b>New Year Eve Dinner/Dance</b></p> <p>The dinner/dance will be held at the Manjimup Hotel from 7.30pm till 1.00 am.</p> <p>A coach will pick us up at the campsite at 7.00 pm on New Year\'s Eve and at the hotel at 1.00 am on New Year\'s Day. There will be background and dance music provided by a top DJ. This is a chance to dress flamboyantly , even exotically, to say farewell to 2011.</p> <p><b>AOA Grade:</b> Easy  <b>Booking Deadline:</b> 30 days prior - Thu 1 Dec  <b>Cost:</b> \$55.00 (M) \$55.00 (NM) Include meal, music and bus  <b>Payment Deadline:</b> 14 days prior - Sat 17 Dec  <b>Contact:</b> Andy (H)08 9368 1849 or andylong@iinet.net.au For any queries eMail is preferred</p>

<p><b>Thu 5 Jan</b></p>	<p><b>Hillary's Marina to Mullaloo Beach BEACHSIDE Walk</b></p> <p>Thursday 5th January 2012:</p> <p>Hillary's Marina to Mullaloo Beach BEACHSIDE Walk:</p> <p>Meeting at 9.30am SHARP at SUBWAY, overlooking the water inside Hillarys' Marina, then for a beautiful BEACHSIDE walk to Mullaloo Beach for coffees &amp; optional swim, then return to Hillary's Marina for optional coffee / brunch / lunch.</p> <p>Bring: sandals or thongs to take off at the water's edge, optional bathers, water, hat</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 11.0 km</p> <p><b>Booking Deadline:</b> 1 days prior - Wed 4 Jan</p> <p><b>Cost:</b> Free (M) \$5.00 (NM) \$5.00 non-members fee is to pay for our magazine</p> <p><b>Contact:</b> Tony (H)08 6468 2541 or afptony@inet.net.au</p>
<p><b>Sat 7 Jan</b></p>	<p><b>King's Park Walk</b></p> <p>It may be a scorcher of a day but we will still be able to enjoy a lovely walk in shady King's Park. Expect a four hour walk - speed depending upon the weather. After the walk is the option of an evening picnic so bring something if you're going to stay around.</p> <p>Email [preferred]: lvy_branson@hotmail.com</p> <p>Mobile: 0412560032</p> <p><b>AOA Grade:</b> Easy/medium</p> <p><b>Booking Deadline:</b> 1 days prior - Fri 6 Jan</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Ms (M) 0412 560 032 or ivy_branson@hotmail.com</p>

<p><b>Sun 8 Jan</b></p>	<p><b>Sea Kayak Garden Island</b></p> <p>Level 1 paddle from Rockingham to back of Garden Island. Need to be able to paddle nonstop for 2 hours at around 5km per hour. Trip will take 4 - 5 hours. Must be competent in capsize drill and willing to accept instruction and coaching from a Level 3 Advanced Kayak Instructor. Require a sea kayak with bulkheads and spray deck and PFD. Bring food, 2 litres water and dry clothes.</p> <p><b>AOA Grade:</b> Medium/hard <b>Approx Distance:</b> 15.0 km</p> <p><b>Booking Deadline:</b> 3 days prior - Thu 5 Jan</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Leslie Allen les@lesallenkayaks.com</p>
<p><b>Sun 8 Jan</b></p>	<p><b>Northern Coast ride</b></p> <p>Join me for a ride along the northern coast from Burns Beach to Hillarys Boat Harbour. We can have a look around Hillarys, maybe a swim, and then cycle back to Burns Beach for lunch and another swim. Bring plenty of water, snacks and either lunch or money to get lunch from the cafe at Burns Beach. Meet at the beach carpark at Burns Beach.</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 25.0 km</p> <p><b>Booking Deadline:</b> 1 days prior - Sat 7 Jan</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Pena (H)08 9247 2427 or pena1@optusnet.com.au</p>

<p><b>Tue 10 Jan</b></p>	<p><b>January Club Meeting</b></p> <p>Tuesday 10th January</p> <p>We meet at 7.30pm for a prompt 7.45pm start at the Osborne Park Agricultural Society Hall, city side of Café Bellini, 209 Main St, Osborne Park. Free parking is available nearby.</p> <p>Come and join Kirsten Gottschalk and discover the invisible night sky that radio astronomy reveals and the world's largest telescope that maybe commissioned to be built in Western Australia.</p> <p>The presentation will be followed by complimentary tea/coffee &amp; cake. Visitors are most welcome. This is a great way to find out about the club, meet members &amp; register for club events.</p> <p><b>AOA Grade:</b> Easy</p> <p><b>Booking Deadline:</b> 31 days prior - Sat 10 Dec</p> <p><b>Cost:</b> Free (M) Free (NM)</p> <p><b>Contact:</b> Jenny (H)08 9313 2622 or vince_jenny@aapt.net.au</p>
<p><b>Sun 15 Jan</b></p>	<p><b>Kayaking - Murray River from Pinjarra</b></p> <p>Padding out of Pinjarra along the Murray River for approx. 15kms towards Mandurah one way with A car drop.</p> <p><b>AOA Grade:</b> Medium <b>Approx Distance:</b> 15.0 km</p> <p><b>Booking Deadline:</b> 1 days prior - Sat 14 Jan</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Ken (H)08 9310 3077 or kenneth.rosser@gmail.com</p>
<p><b>Sun 15 Jan</b></p>	<p><b>Lake Monger to Cottesloe Cycle</b></p> <p>Enjoy this superb ride from glorious Lake Monger to Cottesloe and return. Possibility of a coffee and cake or maybe even brunch.</p> <p><b>AOA Grade:</b> Easy/medium <b>Approx Distance:</b> 32.0 km</p> <p><b>Booking Deadline:</b> 4 days prior - Wed 11 Jan</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Heather (H)08 9444 1983 or heatherpat@iinet.net.au</p>

<p><b>Sat 21 Jan - Sun 22 Jan</b></p>	<p><b>Bibbulmun Track Overnighter - Kalamunda to Ball Creek &amp; ret.</b></p> <p>Escape the city hassles with an outing on our renowned Bibbulmun Track from Kalamunda, the starting point through Mundaring to the second hut [Ball Creek] on Saturday, returning on the Sunday.</p> <p><b>AOA Grade:</b> Medium/hard <b>Approx Distance:</b> 40.0 km  <b>Booking Deadline:</b> 2 days prior - Thu 19 Jan  <b>Cost:</b> Free (M) \$5.00 (NM)  <b>Contact:</b> Nick Evans nevans7@hotmail.com</p>
<p><b>Sat 21 Jan</b></p>	<p><b>Paddle Past the City</b></p> <p>The annual paddle past the city. Enjoy city views from the water but beware you need to be experienced with capsized drill and happy to have a few waves. May the wind be always at our back as it was last year! Please register online and look forward to seeing you in 2012.</p> <p><b>AOA Grade:</b> Medium <b>Approx Distance:</b> 16.0 km  <b>Booking Deadline:</b> 4 days prior - Tue 17 Jan  <b>Cost:</b> Free (M) \$5.00 (NM)  <b>Contact:</b> Judy judymacwil@hotmail.com</p>
<p><b>Sun 22 Jan</b></p>	<p><b>Bike Ride Shelley to Gosnells</b></p> <p>Cycle from Shelley foreshore along the picturesque Canning River to Gosnells and return - some roads but mostly along cycle paths. May include a visit to Woodloes Homestead / Gosnells Railway Markets, depending on consensus of group. Bring all the necessaries for your sustenance and a day exercising in the sun.</p> <p><b>AOA Grade:</b> Easy/medium <b>Approx Distance:</b> 40.0 km  <b>Booking Deadline:</b> 2 days prior - Fri 20 Jan  <b>Cost:</b> Free (M) \$5.00 (NM)  <b>Contact:</b> Anne (M)0414 418943 or annemarie1512@iinet.net.au Email preferred or SMS</p>
<p><b>Sun 22 Jan</b></p>	<p><b>Canning River Evening Walk &amp; Picnic</b></p> <p>Enjoy an 11km late afternoon walk along the river followed by an evening picnic.</p> <p>We will walk along the pretty shady foreshores of Shelley, Rossmoyne and Mt Pleasant, and then enjoy a picnic at Deep Water Point while overlooking the majestic evening river.</p> <p>We will meet at Deep Water Point Café at 3.30pm for the car shuffle.</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 11.0 km  <b>Booking Deadline:</b> 1 days prior - Sat 21 Jan  <b>Cost:</b> Free (M) \$5.00 (NM)  <b>Contact:</b> Vince (H)08 9313 2622 or vince_jenny@aapt.net.au</p>

<p><b>Thu 26 Jan</b></p>	<p><b>Australia Day Break</b></p> <p>Details to be supplied</p> <p><b>AOA Grade:</b> Various</p> <p><b>Booking Deadline:</b> 30 days prior - Tue 27 Dec</p> <p><b>Cost:</b> Free (M) Free (NM)</p> <p><b>Payment Deadline:</b> 30 days prior - Tue 27 Dec</p> <p><b>Contact:</b> Godini godini.nicholas@vincent.wa.gov.au</p>
<p><b>Thu 26 Jan</b></p>	<p><b>Crawley to the City Foreshore Riverside Walk &amp; Skyshow</b></p> <p>Thursday 26th January 2012(Australia Day):</p> <p>Crawley to the City Foreshore Riverside Walk &amp; Skyshow:</p> <p>Meeting at 6.00pm SHARP at the University of WA Boatsheds carpark in Crawley, followed by a beautiful riverside walk to the city foreshore to enjoy a BYO picnic and drinks while watching the Australia Day Skyshow. (approximate distance = 8 kms return)</p> <p>Bring: Water, hat, radio, torch &amp; BYO picnic &amp; drinks</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 8.0 km</p> <p><b>Booking Deadline:</b> 1 days prior - Wed 25 Jan</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Tony (H)08 6468 2541 or afptony@inet.net.au</p>
<p><b>Sun 29 Jan</b></p>	<p><b>Swanbourne to Cottesloe Beach BEACHSIDE Walk &amp; Lunch</b></p> <p>Sunday 29th January 2012:</p> <p>Swanbourne to Cottesloe Beach BEACHSIDE Walk &amp; Lunch:</p> <p>Meeting in the morning at the Swanbourne beach car park, then for a beautiful BEACHSIDE walk to south Cottesloe, then return to Swanbourne Beach Cafe for optional swim &amp; coffee / brunch / lunch.</p> <p>Bring: sandals or thongs to take off at the water's edge, optional bathers, water, hat</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 10.0 km</p> <p><b>Booking Deadline:</b> 1 days prior - Sat 28 Jan</p> <p><b>Cost:</b> Free (M) \$5.00 (NM) \$5.00</p> <p><b>Contact:</b> Tony (H)08 6468 2541 or afptony@inet.net.au</p>
<p><b>Sun 5 Feb</b></p>	<p><b>Burns Beach Beach Walk</b></p> <p><b>AOA Grade:</b> Easy/medium <b>Approx Distance:</b> 7.0 km</p> <p><b>Booking Deadline:</b> 2 days prior - Fri 3 Feb</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Maggie Crowe maggiecrowe@optusnet.com.au</p>

<p><b>Sun 5 Feb</b></p>	<p><b>Mt Lawley - Maylands walk</b></p> <p>Meet at Claisebrook, East Perth (car park at the river end of Brown St), for a walk along the river via Bardon Park, Maylands, Tranby House and return to Claisebrook for optional picnic lunch. Walk is totally flat but will be at a reasonable pace.</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 11.0 km</p> <p><b>Booking Deadline:</b> 1 days prior - Sat 4 Feb</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Jane (H)08 93428559 or greenwood@internode.on.net If not at home, leave message on machine</p>
<p><b>Sun 5 Feb</b></p>	<p><b>Triathlon of Cycle, Swim and Beer tasting</b></p> <p>Assemble at the Point Walter car park (near kiosk &amp; restaurant)at 8:15am for an 8:30am start to beat the heat. Ride along the river (anti-clockwise) across Narrows bridge past UWA, multi-millionaires row, across Stirling Hwy and out to Port Beach for a cool-off swim. Proceed to the Black Salt Brewery for some beer tasting and lunch (beach bar menu available)or BYO lunch. After well-earned refreshments, back on bike for final leg along river to Point Walter. Must be reasonably fit (even after refreshments)to keep up with group. Average cycling speed around 23 km/hr.</p> <p><b>AOA Grade:</b> Medium <b>Approx Distance:</b> 45.0 km</p> <p><b>Booking Deadline:</b> 3 days prior - Thu 2 Feb</p> <p><b>Cost:</b> Free (M) \$5.00 (NM) Cost of beer tasting &amp; lunch at own expense</p> <p><b>Contact:</b> Ken (M)0411 117642 or rakk4fun@hotmail.com</p>
<p><b>Sun 5 Feb</b></p>	<p><b>Serpentine River Paddle</b></p> <p>This paddle takes in the tranquil lower Serpentine River, the narrow channels of the Murray delta and the open expanse of the Peel Inlet. The distance makes it suitable for experienced paddlers only. Wildlife sightings and plenty of opportunities to cool off with a swim makes this a great summer trip.</p> <p><b>AOA Grade:</b> Medium <b>Approx Distance:</b> 15.0 km</p> <p><b>Booking Deadline:</b> 4 days prior - Wed 1 Feb</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Jo (H)08 9317 6681 or jojofry@bigpond.net.au</p>

<b>Fri 10 Feb</b>	<p><b>Evening Bike Ride - Deepwater Point to Freo</b></p> <p>Join Neil for an evening ride from Deepwater Point to Fremantle and back. Some recent level of cycling experience, helmets, front &amp; rear lights a must !!! Reflective/light clothing recommended.</p> <p><b>AOA Grade:</b> Easy/medium <b>Approx Distance:</b> 35.0 km</p> <p><b>Booking Deadline:</b> 2 days prior - Wed 8 Feb</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Neil (H)08 9276 6316 or neilcreighton@westnet.com.au-</p>
<b>Sat 11 Feb</b>	<p><b>Full Moon Evening Walk</b></p> <p>A brisk evening walk south of the river. Meeting place to be confirmed. After the walk you are encouraged to stay for a BYO BBQ.</p> <p>This event is only offered to members that register using the online system. Non members are welcome and can contact peter.adams.1958@bigpond.com and he will register for you.</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 12.0 km</p> <p><b>Booking Deadline:</b> 1 days prior - Fri 10 Feb</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Peter peter.adams.1958@bigpond.com</p>
<b>Sun 12 Feb</b>	<p><b>River and Ocean Bike Ride</b></p> <p>An easy to medium ride north of the river to the ocean. There will be an opportunity for a refreshing swim before returning early afternoon.</p> <p><b>AOA Grade:</b> Easy/medium <b>Approx Distance:</b> 30.0 km</p> <p><b>Booking Deadline:</b> 2 days prior - Fri 10 Feb</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Hugh (H)08 9228 4231 Online registration preferred</p>

<p><b>Mon 13 Feb</b></p>	<p><b>Sunset Walk and Pizzas</b></p> <p>Join me for a walk to the beach, a swim if hot, and back to my place for pizzas</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 9.0 km</p> <p><b>Booking Deadline:</b> 2 days prior - Sat 11 Feb</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Peg peg.brophy@gmail.com</p>
<p><b>Tue 14 Feb</b></p>	<p><b>February Club Meeting</b></p> <p>Tuesday 14th February</p> <p>We meet at 7.30pm for a prompt 7.45pm start at the Osborne Park Agricultural Society Hall, city side of Café Bellini, 209 Main St, Osborne Park. Free parking is available nearby.</p> <p>Rowena Scott will share her 1500km cycle along the Inn River from its source in the spectacular Swiss Alps, passed the snow-capped mountains of the Austrian Tyrol, into Bavaria in southern Germany and back into Passau in Austria where the Inn River joins the Danube. She continued her journey along scenic valleys passed pretty cobblestone villages, palaces, old fortresses and monasteries along the Danube to Vienna before heading north on the Greenways cycle path and into the Czech Republic to finish in Prague.</p> <p>The presentation will be followed by complimentary tea/coffee &amp; cake. Visitors are most welcome. This is a great way to find out about the club, meet members &amp; register for club events.</p> <p><b>AOA Grade:</b> Easy</p> <p><b>Booking Deadline:</b> 0 days prior - Tue 14 Feb</p> <p><b>Cost:</b> Free (M) Free (NM)</p> <p><b>Contact:</b> Jenny (H)08 9313 2622 or vince_jenny@aapt.net.au</p>

<p><b>Sat 18 Feb</b></p>	<p><b>Evening Bike Ride - Fremantle to Woodman Point</b></p> <p>An enjoyable evening bike ride south to Woodman Point. Lights on your bike [front &amp; rear]and helmet are essential.</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 25.0 km</p> <p><b>Booking Deadline:</b> 1 days prior - Fri 17 Feb</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Ken (H)08 9310 3077 or kenneth.rosser@gmail.com</p>
<p><b>Sun 19 Feb</b></p>	<p><b>Paddle - Guildford to Middle Swan Bridge and return</b></p> <p>An extended day's paddle through the quiet stretches of the Swan beyond Guildford. There are few watercraft so while being lengthy is an enjoyable part of the river with abundant birdlife.Bring your lunch and 1.5l water.Wear hat,long sleeve top and sun screen. Your own life vest is essential - as is experience and enthusiasm!</p> <p><b>AOA Grade:</b> Medium/hard <b>Approx Distance:</b> 16.0 km</p> <p><b>Booking Deadline:</b> 2 days prior - Fri 17 Feb</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Marshall (H)08 94431235 or mdw6752@yahoo.com.au</p>
<p><b>Sun 19 Feb</b></p>	<p><b>Hillary's Marina to Mullaloo Beach BEACHSIDE Walk</b></p> <p>Sunday 19th February 2012:</p> <p>Hillary's Marina to Mullaloo Beach BEACHSIDE Walk:</p> <p>Meeting in the morning outside SUBWAY, overlooking the water inside Hillarys' Marina, then for a beautiful BEACHSIDE walk to Mullaloo Beach for coffees &amp; optional swim, then return to Hillary's Marina for optional coffee / brunch / lunch.</p> <p>Bring: sandals or thongs to take off at the water's edge, optional bathers, water, hat</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 11.0 km</p> <p><b>Booking Deadline:</b> 1 days prior - Sat 18 Feb</p> <p><b>Cost:</b> Free (M) \$5.00 (NM) \$5.00 non-members fee is to pay for our magazine</p> <p><b>Contact:</b> Tony (H)08 6468 2541 or afptony@inet.net.au</p>

<p><b>Thu 23 Feb</b></p>	<p><b>Beachside walk from Scarborough to City Beach and return</b></p> <p>Meeting outside kiosk at Brighton beach Scarboough at 0845hrs. 0900hrs commence walk along the beach,on sand, from Brighton beach to City Beach, have a swim and return. At finish join for optional lunch.</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 9.0 km</p> <p><b>Booking Deadline:</b> 2 days prior - Tue 21 Feb</p> <p><b>Cost:</b> Free (M) Free (NM)</p> <p><b>Contact:</b> Therese (M)0424361118 or therese_12326@hotmail.com</p>
<p><b>Sun 26 Feb</b></p>	<p><b>Coastal Cycle Ride</b></p> <p>A relaxing cycle ride along the coast from City Beach to Fremantle and return – all flat. Not for fast paced cyclists. Bring a picnic lunch to enjoy in Esplanade Park, Fremantle. A swim can be slotted in if hot. There will be the option of catching the train back to Cottesloe.</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 38.0 km</p> <p><b>Booking Deadline:</b> 2 days prior - Fri 24 Feb</p> <p><b>Cost:</b> Free (M) \$5.00 (NM)</p> <p><b>Contact:</b> Jane (H)08 93428559 or greenwood@internode.on.net If not at home, leave message on machine</p>

<b>Sun 26 Feb</b>	<p><b>Penguin Island</b></p> <p>Enjoy a walk from Peron Point carpark along beach towards cafe &amp; ferry to Penguin Island. This is a conservation trip, however, there will be plenty time to get snorkelling &amp; swimming in at your leisure.</p> <p>Ensure you bring, sunscreen, lunch, plenty of water (no fresh water or food can be purchased on island), hats, swimming gear, etc.</p> <p>Once registered, more information will be sent to participants closer to the time.</p> <p>Return back to mainland approx. 2.30pm.</p> <p>Registration via club website only. All enquiries to Sharon via email <a href="mailto:nodzee57@yahoo.com.au">nodzee57@yahoo.com.au</a> or phone 9364 2888 after hours.</p> <p><b>AOA Grade:</b> Easy <b>Approx Distance:</b> 10.0 km</p> <p><b>Booking Deadline:</b> 2 days prior - Fri 24 Feb</p> <p><b>Cost:</b> Free (M) \$5.00 (NM) Cost of Ferry \$12.00 return</p> <p><b>Contact:</b> Sharon (M)0424 967485 or <a href="mailto:nodzee57@yahoo.com.au">nodzee57@yahoo.com.au</a> Call after 6pm only please</p>
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<p style="text-align: center;"><b>Sat 14 Jul -</b> <b>Sun 15 Jul</b></p>	<p><b>Christmas in July - New Norcia</b></p> <p>Enjoy Xmas in July 2012 at New Norcia and have fun chasing Santa! We will be staying at the New Norcia Hotel and the Old Convent and xmas dinner will be catered for by 'Cookie" at the 'Workcentre" on Saturday evening. First in with their deposits get the Hotel accommodation and then the Old Convent (all rooms are on a shared basis). There will be a variety of activities, including a town tour, river walk, cycling, Meet a Monk and confession!!!</p> <p>Consider yourself booked when \$30 deposit is received - first, best dressed! Fun pressie \$10 from Santa.</p> <p><b>AOA Grade:</b> Various</p> <p><b>Booking Deadline:</b> 44 days prior - Thu 31 May</p> <p><b>Cost:</b> \$5.00 (M) \$10.00 (NM) \$85+ trip fee \$5(M); \$10(NM) incl acc,bfast,dinner</p> <p><b>Payment Deadline:</b> 44 days prior - Thu 31 May</p> <p><b>Contact:</b> Michelle (H)08 9345 3451 or cleobryan@bigpond.com</p>
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